

FPS School Counseling Program Review



February 9, 2021

Guiding Principles

The following statements were developed to guide us in our decisions.

1. Honor different learners and different learning needs
2. Honor different family situations in supporting students
3. Honor the American School Counseling Association's (ASCA) Standards
4. Honor the Connecticut School Counseling Association's (CSCA) Standards
5. Honor the curriculum and lesson documents of the past.
6. Honor survey feedback

FPS School Counseling Belief Statement

School Counselors believe:

1. All students have worth and should be treated with dignity and respect.
2. All students can learn, achieve, and be successful in a safe, respectful, and supportive in a diverse and inclusive environment.
3. All students can learn to advocate for themselves and to develop resiliency when faced with adversity.
4. All students should have access to a high-quality education which equitably supports life-long learning and the development of independence, 21st century and decision-making skills.
5. Professional school counselors are advocates for all students, and will work to remove barriers to learning.
6. An effective school counseling program is planned, evaluated, refined and delivered by certified professional school counselors, in alignment with the American School Counseling Association Code of Ethics, utilizing school wide data and a result based evaluation system.
7. Comprehensive school counseling programs promote and enhance student academic, career, and social-emotional outcomes through collaboratively working with faculty, staff, families, and other stakeholders.
8. School Counselors are leaders in the school, district, state, and nation!

FPS School Counseling Vision Statement

The Vision of the FPS School Counseling Department is that every student in collaboration with families, teachers, students, administration, and community members, will experience success, and reach their fullest educational potential, through the acquisition of academic, career, and personal/social skills. As a result, students will manage their lives as healthy, responsible, competent, and productive citizens, who respect themselves and others, and thrive in the diverse and rapidly changing 21st century.

FPS School Counseling Mission Statement

The school counseling staff at Fairfield Public Schools empowers students to discover their full potential by addressing their individual needs through a comprehensive school counseling program. We collaborate with students, parents, and staff members to address the academic, social/emotional, and college/career preparatory needs of our diverse student body to empower all students to explore and achieve their current and future goals. We advocate for equity, access, and success for every student, encouraging student self-advocacy, resiliency, and accountability by promoting the development of citizenship that embraces excellence of character.

Unit & Lesson Plan Development

American School Counselor Association

Two focus areas:

1. Mindset Standards
2. Behavior Standards



Unit & Lesson Plan Development

Connecticut School Counselor Association (CSCA)

1. Academic
2. Career
3. Social/Emotional



FPS Student Success Plan

Fairfield's School Counselor Student Success Plan Components

Guaranteed experiences that address the Academic (A), Career (C) and Social/Emotional/Physical (SEP) domains.

Grade	Component	Domain
12	<ul style="list-style-type: none">• Post-Graduation Plan• Naviance Graduation Survey• Senior Informational Session• Individual Post High School Planning Meetings• Transcript/Graduation Credit Review• BESS administration and follow-up• Career Exploration• Advisory	<p>A,C, A,C, SEP A,C A,C A,C SEP A,C A,C, SEP</p>

Professional Development Opportunities

Academic	Career	Social-Emotional
<ul style="list-style-type: none">- Executive Functioning- College Board Informational Session- Special Education Law- 504- SRBI	<ul style="list-style-type: none">- College Tours- Meetings with Military Personnel- Financial Aid- College Essay Writing Workshop- Community College Fair- Gap Year Fair	<ul style="list-style-type: none">- Threat and Risk Assessment- Mindfulness- School Avoidance/Anxiety- Dialectical Behavior Therapy- Restorative Practices- LGBTQ+- “Steered Straight” - Vaping Cessation

Sample Individual Meetings

FAIRFIELD LUDLOWE HIGH SCHOOL COURSE SELECTION PROCESS



The process of selecting courses is a serious, cooperative effort involving you as the student, your parents, your teachers, and your school counselor. On the reverse side of this document is a worksheet for you to use while initially select courses, discussing the options with your parents, teachers, and counselor. Once this worksheet is complete, you will be able to go on line and register for your courses. Please follow the timeline and directions below to finalize your course requests.

Course Selection Timeline

January 29	Course Selection Night for parents & students, 7:00 pm @ FLHS auditorium
January 31	Course Selection Worksheet distributed in Homeroom
January 31- February 7	Teachers will spend class time discussing department courses, their recommendations.
January 31- February 7	Teacher Signature Days—all teachers will review your choices and initial their agreement or disagreement during classes
February 3	Class Meetings P1a Freshman, P2a Sophomores, P4a Juniors & Aqua Students
February 7	Deadline - Turn your completed, signed (by you <i>and</i> your parent) worksheet into your school counselor
February 7-28	Schedule an appointment with your school counselor and enter your final selections into the on-line Infinite Campus Student system
March 6	Deadline - Print Final Course Request form from Infinite Campus, sign and obtain your parent's signature on form and attach to this Worksheet. Return

Senior Application Checklist

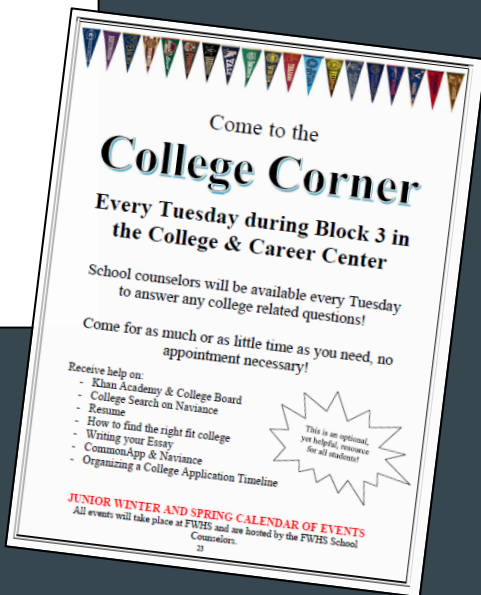
- ___ 1. Update your list of "Colleges I'm Thinking About" in Naviance
 - <http://connection.naviance.com/ludlowe>
- ___ 2. Procedure for teacher's letter of recommendation request:
 - Ask teacher **at least 3 weeks in advance** of the application deadline.
 - After asking teacher in person, send request through Naviance. Go to the Colleges tab. Click Apply to College. Click Letters of Recommendation. Click Add Request. Use the drop down bar to choose the teacher you want to write the recommendation. Select which colleges you would like that teacher to send your letter to. Click Submit Request.
 - Write a thank you letter to each teacher who wrote a letter of recommendation.
- ___ 3. Fill out the Common Application www.commonapp.org and FERPA statement on Naviance (under Colleges I'm Applying To).
- ___ 4. Sign up and prepare for SAT/ACT. Send official scores to colleges through SAT/ACT.
 - www.sat.org/register
 - www.actstudent.org/start

Test Dates		Registration Deadlines
SAT	October 5, 2019 (FWHS)	September 5, 2019
SAT	November 2, 2019 (FLHS)	October 2, 2019

Sample Small Group Meetings

Freshman Group Agenda

- ☐ How is the transition from middle school to high school?
- ☐ Transcript mindfulness activity
- ☐ Rules of Confidentiality
- ☐ Using the agenda



Discover Your Personality Type



DO WHAT YOU ARE®
Powered By Human eSources®

Objectives To introduce students to the Naviance program. Students will learn their “personality type” and develop career ideas for post high school planning.

Sample Large Group Meetings



SAVE THE DATE

Q&A:

COLLEGE ADMISSIONS
DURING COVID

June 3, 2020 - 2PM

PRESENTED BY: ALISON HILDENBRAND
Director of Undergraduate Admissions - Fairfield University

HOSTED BY FWHS SCHOOL
COUNSELORS

ZOOM LINK TO FOLLOW

Made with PosterMyWall



**The Course Selection
Process**



Fairfield Ludlowe High School
Follow us on Twitter: @FLHSFalcons



**JUNIOR PARENT COLLEGE
PLANNING NIGHT**

College Panel

CHLOE SIGILLITO


PAUL OSTICK




Financial Aid Night

**October 16, 2019
6:00 p.m.**

Fairfield **Warde Auditorium**

Presenter: 
Fairfield University Staff

Sponsored by the Counseling Offices of:

Fairfield Ludlowe High School

 **Fairfield Warde High School** 

Topics covered:

- Methods used by most colleges to determine a family's need
- Various types of aid available
- How the schools determine how to award aid to a family
- Financial options for students and parents
- The FAFSA-Free Application for Federal Student Aid - This is the primary form required by most colleges and universities to determine need and awards. It is available starting October 1st

All 11th and 12th Grade families and students are encouraged to attend!

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Grade	Component	Domain
10	<ul style="list-style-type: none"> • In-school PSAT Day • Do What You Are assessment • Update resume • Link College Board/Khan Academy • Sophomore Meetings • Individual course selection meeting • BESS administration and follow-up • Career Exploration • Advisory <p><i>Optional:</i></p> <ul style="list-style-type: none"> • College Fair • College/Career Resource Center • ASVAB • Course Selection Night • SAT/SAT Subject Tests/ACT/AP • Activity Fair 	A,C A,C,SEP A,C,SEP A A,C,SEP A,C SEP C A,C,SEP A,C A,C A,C A,C A,C A,C
9	<ul style="list-style-type: none"> • Freshman Orientation • Freshman Meetings • BESS administration and follow-up • Career Interest Profiler • Introduce resume and goal setting • Individual course selection meeting • Advisory • Career Exploration <p><i>Optional:</i></p> <ul style="list-style-type: none"> • College/Career Resource Center • Individual tours as needed for incoming 9th graders • High school parent meeting • Course Selection Night • Activity Fair 	A, SEP A,C,SEP SEP A,C A,C A,C A,C, SEP A,C A,C A,C,SEP A,C,SP A,C A,C, SEP